

A to Z FUNDRAISING IDEAS

Looking for exciting ways to fundraise for NPH UK?
Take a look at these great ideas.

A

Organise an **Aerobics** event and charge for the class.

Host an **Arts and crafts** evening and ask for an entry fee.

Hold an **Afternoon tea** for friends or colleagues and ask for donations.

Arrange an **Auction** of promises or services for the day such as 'chef' or 'beautician'.



B

Hold a summer **BBQ** and charge guests an entrance fee.

Brave a **Bungee jump** and ask for donations.

Hold a **Bingo night** and donate half the winnings.

Sell your unwanted **Books** and donate the profits.

C

Host a **Cake sale** or coffee morning.

Offer your **Car washing services** to busy friends, family and neighbours.

Organise a **Concert night** with local talent and charge for tickets.

Join a **Cycling challenge** and ask for sponsorship.

Host a **Cocktail party** and ask your friends for donations.



D

Offer your services as a **Dog walker** to your busy neighbours, friends and family.

Donate a **Day's wage** and encourage your friends to do the same.

Hold a **Dinner party** for your friends and ask them to donate for a great cause.

E

Arrange an **Easter egg hunt** and charge for the chocolate!

Take part in an **Expedition challenge** and ask for sponsorship.

eBay – donate a percentage of your sales to us.

F

Set up a **Face painting** stall at a fete or fair and donate the proceeds.

Organise a charity **Football match** and charge people to play and watch.

Hold a **Fancy-dress** day at work and ask your colleagues to donate to take part.



G

Sell your unwanted belongings in a **Garage sale** and raise lots of cash.

Offer your **Gardening services** to neighbours.

H

Volunteer to do a sponsored **Head shave**.

Create **Handmade items** to sell at local craft fairs or to your friends.

Donate an **Hour's pay** and ask your colleagues to do the same.

Host a **Halloween party** and charge friends to be spooked.

I

Host an **International day**. Ask colleagues to share dishes and donate to enjoy them.

Offer to do the **Ironing** – at a cost!



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J

Jeans at work day. Ask your colleagues to donate £5.

Make your own Jewellery or sell your unwanted bling.

K

Arrange your own **Karaoke contest** and charge an entry fee.

Knit items to be sold at fairs and bazaars.

L

'Ladies who lunch'- ask your friends over for lunch in exchange for a donation.

Ask your colleagues or friends to donate their **Loose change**. All those pennies will add up!

M

Take part in a local or national **Marathon**.

Give up your **Mobile phone** for a day, a week or even a month and ask for sponsorship.

Does your employer offer a '**Matched giving**' scheme?

Donate the cost of a cinema trip and watch a **Movie** at home with friends.



N

Hold a **Non-uniform** day for kids at school.

Organise a '**Name the baby**' competition for friends who are expecting.

Have a **Night in** and ask your friends to donate for a home-cooked meal.

O

Open your garden to visitors and sell tickets, refreshments, plants and vegetables.

Outdoor challenges are great opportunities for sponsorship.

P

Take the plunge with a sponsored **Parachute jump**.

Plant a tree in memory of a loved one (in collaboration with your local authority) and invite people to donate.

Hold a **Pamper Party** and ask your friends to donate.



Q

Organise a **Quiz night** and charge an entry fee per person.

R

Hold a **Raffle** and ask friends and local companies to donate prizes.

Do a sponsored **Readathon**.



S

Take part in a **Sponsored Silence**.

Guess how many **Sweets in the jar**. Charge £2 to enter.

Swim as many lengths or minutes as you can and ask for sponsorship.

Hold a **Strawberries and cream day** in the summer and charge an entry fee.

T

Hold a **Talent competition** and ask your friends and family to donate to take part.

Organise a **Toy sale** and declutter while raising money.

Take part in your local **Triathlon**.

U

Hold a sale of **Unwanted clothes and gifts**.



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V

Go **Vegan or Veggie** for a month and get sponsored.

W

Walk to Work for a Week and donate what you would have spent on petrol or transport.

Ask for sponsorship to **Wax** the legs or chest of a willing male volunteer!

Host a **Wine and cheese evening** and ask for donations.

X

Make **Xmas cards** and crafts and sell them to friends and family.

Organise an **X Box** tournament and ask for an entry fee.

Y

YOLO challenge. You only live once, so do something amazing and get sponsored!

Organise a charity **Yoga class** and get flexible while fundraising.

Z

Organise a **Zumba-thon** with a local class instructor for charity.

Take a **Zip-wire challenge** and ask for sponsorship.



Contact info@nph-uk.org for more fundraising help and resources.



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